

SOUZA, LGS; FERREIRA, RLF; ARAÚJO NETO, SE; SILVA, NM; UCHÔA, TL; ALMEIDA, WA. 2020. Chicory yield influenced by seedling quality and growing environment. *Horticultura Brasileira* 38: 224-229. DOI - http://dx.doi.org/10.1590/S0102-053620200216

### Chicory yield influenced by seedling quality and growing environment

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#### ABSTRACT

The objective of this work was to evaluate the quality of chicory seedlings in organic substrata and their influence on yield and commercial yield in a protected environment and under direct sunlight. Seedling and field production experiments were conducted in a randomized block design with four blocks. In the first experiment, seedlings were produced on substrata by alternating the conditioner: 1) dry coconut fiber + blend (soil, organic compost, charcoal); 2) carbonized rice husk + blend; 3) crushed ouricuri stem + blend; 4) decomposed kapok stem + blend and 5) commercial substratum. Sufficient seedlings were produced for the evaluations and transplantation. In the field phase, two experiments were evaluated, one in a protected environment and another under direct sunlight. The commercial and ouricuri substrata produced seedlings with the same quality and biomass index, but above to the others. The yield (0.89 kg m<sup>-2</sup>) and commercial yield (68.29 packs m<sup>-2</sup>) in the protected environment are not affected by seedling quality. In the direct sunlight cultivation, the yield is higher when using seedlings produced with the commercial (0.75 kg m<sup>-2</sup>), ouricuri (1.07 kg m<sup>-2</sup>), or kapok substrata (0.74 kg m<sup>-2</sup>).

**Keywords**: *Eryngium foetidum*, organic agriculture, alternative substratum, protected cultivation, organic residues.

### RESUMO

Produção da Chicória da Amazônia influenciada pela qualidade da muda e ambiente de cultivo

O objetivo deste trabalho foi avaliar a qualidade de mudas de chicória em substratos orgânicos e sua influência sobre a produtividade e rendimento comercial em cultivo protegido e pleno sol. Foram conduzidos experimentos na fase de mudas e de produção em campo, instalados em delineamento em blocos casualizados, com quatro blocos. No primeiro experimento, mudas foram produzidas em substratos alternando o condicionador: 1) fibra de coco seco+mistura (solo, composto orgânico, carvão vegetal); 2) casca de arroz carbonizada + mistura; 3) caule triturado de ouricuri + mistura; 4) caule decomposto de sumaúma + mistura e 5) substrato comercial. Produziu-se mudas suficientes para avaliações e transplantio. Na fase de campo, avaliaram-se dois experimentos, um em ambiente protegido e outro a pleno sol. Os substratos, comercial e Ouricuri, produziram mudas com o mesmo índice de qualidade e biomassa, porém, superiores aos demais. A produtividade (0,89 kg m<sup>-2</sup>) e o rendimento comercial (68,29 maços m<sup>-2</sup>) em ambiente protegido não são afetados pela qualidade da muda. No cultivo a pleno sol, a produtividade é maior quando se utiliza mudas produzidas com os substratos comercial (0,75 kg m<sup>-2</sup>) ou ouricuri (1,07 kg m<sup>-2</sup>) ou sumaúma (0,74 kg m<sup>-2</sup>).

Palavras-chave: *Eryngium foetidum*, agricultura orgânica, substratos alternativos, cultivo protegido, resíduos orgânicos.

#### Received on May 30, 2019; accepted on March 26, 2020

Chicory (*Eryngium foetidum*) is a plant species belonging to the Apiaceae family, native to tropical regions of Central and South America (Morales-Payán *et al.*, 2013). Classified as non-conventional vegetable, it is consumed as condiment (Madeira *et al.*, 2013) and for medicinal purposes, as it contains aliphatic and aromatic compounds, such as eryngial, with anti-inflammatory, analgesic, and antioxidant potential (Singh *et al.*, 2013; Thomas *et al.*, 2017).

In spite of its great importance as a non-conventional vegetable, studies related to seedling production and cultivation of chicory are still scarce given the low technological level and the few technical recommendations to the crop, resulting in low production efficiency, high commercial value, and little availability.

However, organic farming appears as an alternative for chicory production since it presents low production cost, rusticity, and easy management, although this system lacks alternative technologies for seedling and field production.

Regarding seedling production, there is no available material with all the required characteristics for plant development, thus justifying the need for research (Cerqueira *et al.*, 2015) aiming at alternative substrata that fit the economic needs of the producer and the phytotechnical demands of the crop (Ferraz *et al.*, 2014; Ferreira *et al.*, 2017).

The greater control of production factors in the cultivation environment can favor plant development even when using lower-quality seedlings, such as those produced with substrata based on coconut fiber, rice husk, and kapok stem, with a similar development to the seedlings produced in substratum based on palm stipe (Simões *et al.*, 2015). Vegetable cultivation in protected environments allows the production in the off-season period by reducing the attack by plagues and diseases, as well as weather adversities (radiation reduction and protection against rainfall excess) that affect the crop under direct sunlight (Reis *et al.*, 2012).

Aiming at contributing to the elaboration of cultivation techniques, this work aimed to evaluate the quality of chicory seedlings in organic substrata and their influence on the yield and commercial yield in protected cultivation and under direct sunlight.

### **MATERIAL AND METHODS**

The experiment was performed in Rio Branco-AC, at the Seridó Archaeological Site (9°53'11"S; 67°49'9"W; 170 m altitude), in the period from March to June 2017, lasting for 94 days. The climate of the region is hot and wet, of the Am type, according to the classification by Köppen, with a mean temperature of 25.4°C, relative air humidity of 88.4, and annual rainfall of 752 mm (INMET, 2017).

The soil is classified as a YELLOW ARGISOL, presenting as chemical attributes in the 0-20 cm layer: pH=6.4; O.M.= 30.0 g dm<sup>-3</sup>; P=15 mg dm<sup>-3</sup>; K= 1.5 mmol<sub>c</sub> dm<sup>-3</sup>; Ca= 62.0 mmol<sub>c</sub> dm<sup>-3</sup>; Mg= 19.0 mmol<sub>c</sub> dm<sup>-3</sup>; Al= 1.0 mmol<sub>c</sub> dm<sup>-3</sup>; H+Al= 20.0 mmol<sub>c</sub> dm<sup>-3</sup>; SB= 82.5 mmol<sub>c</sub> dm<sup>-3</sup>; CEC= 102.5 mmol<sub>c</sub> dm<sup>-3</sup>; V= 80.4%.

The experiments were performed in the phases of seedling production and field production of chicory.

### Chicory seedling production and quality evaluation

An experiment was performed in which the substrata composed of organic residues were evaluated. The experimental design was set up in randomized blocks, with five treatments, four replications, and 10 seedlings per experimental unit. The substrata conditioner was altered in the treatments, as follows: 1) dry coconut fiber + blend (soil, organic compost, crushed vegetable charcoal); 2) carbonized rice husk + blend; 3) crushed ouricuri stem (*Attalea phalerata*) + blend; 4) decomposed kapok stem (*Ceiba*) *pentandra*) + blend, and 5) commercial substratum, as control.

The substrata used for seedling production, except the commercial substratum, were composed of 30% soil (0-5 layer); 30% organic compost (based on *Brachiaria decumbens*); 30% conditioner (treatment); 10% crushed vegetal charcoal; 1.0 kg m<sup>-3</sup> of dolomitic limestone; 1.5 kg m<sup>-3</sup> of natural thermophosphate, and 1.0 kg m<sup>-3</sup> of potassium sulfate. In all substrata, the chemical and physical analyses exhibited in Table 1 were performed.

The chicory seeds were obtained from previous cultivations in a uniform population. The seedlings were produced in expanded polystyrene trays with 128 cells. After the emergence, the thinning and pricking out of the seedlings was performed, allowing only one seedling per cell.

The seedlings were maintained in a plant nursery until presenting from 4-6 leaves, 52 days after sowing, when the following evaluations were performed in the plants from each parcel: leaf number count; seedling height (cm); base diameter (mm); shoot dry mass (g), and root dry mass (g), measured in a digital balance with a precision of 0.05 mg after drying in a forced-air oven at 65°C, until reaching constant weight. Root dry mass was obtained by washing it with water and separating it from the shoot part.

The seedling quality index (SQI), proposed by Dickson *et al.* (1960), was calculated through the following mathematical equation: SQI=[TDM]/ [(PH/BD)+(SDM/RDM)]. In which: SQI = Seedling quality index; TDM = Total dry mass (g); PH = Plant height (cm); BD = Base diameter (mm); SDM = Shoot dry mass (g); RDM = Root dry mass (g).

After data tabulation, the normality of errors and the homogeneity of variances were verified, proceeding to the analysis of variance by the F test. Afterward, the comparison of means was performed by Tukey's test at a 5% significance level.

## Chicory production in a protected environment under direct sunlight

In this phase, two independent experiments were performed, both in a randomized block design with four replications, one in a protected environment and the other under direct sunlight. The treatments in each environment consisted of seedlings originated from the already evaluated substrata: 1) dry coconut fiber + blend; 2) carbonized rice husk + blend; 3) crushed ouricuri stem + blend; 4) decomposed kapok stem + blend; 4) decomposed kapok stem + blend, and 5) commercial substratum, as control. Each experimental unit was composed of 20 plants. It is worth noting that enough seedlings were produced for the evaluations and transplantation.

The protected environment was a gable greenhouse with open laterals, covered with 100-Micra transparent film, with 48% luminosity retention, measured with a light meter.

In the two experiments, seedlings were transplanted in  $15 \times 15$  cm spacing to plant beds with 1.2 m width, 15 cm height, and 30 m length, fertilized with 6.25 L m<sup>-2</sup> of organic compost and 4.16 L m<sup>-2</sup> of vegetal biofertilizer. The organic compost and the biofertilizer were produced based on *Brachiaria decumbens*.

Daily irrigation was performed along with the cutting of the inflorescences. No topdressing fertilization was performed, and there was no need for phytosanitary and weed control.

Plants were harvested 42 days after transplantation, when nine out of the twenty plants in each experimental unit were evaluated, eliminating the border plants. The evaluations performed in this stage were fresh and dry (drying at 65°C until constant weight) shoot dry mass (g); yield (kg m<sup>-2</sup>), and commercial yield (packs m<sup>-2</sup>). Leaf length was also verified in three plants per plot, with the aid of a millimeter ruler. Afterward, the plants were classified by frequency distribution in class 1 (2.50-9.62 cm), class 2 (9.63-16.76 cm), and class 3 (16.77-23.90 cm) according to the percentage of leaves per class, with classes 2 and 3 being considered as commercial.

Once obtaining the data, the normality of errors and homogeneity of variances were verified, proceeding to the analysis of variance by the F test. A joint analysis of the experiments was performed (protected environment and direct sunlight cultivation) since the mean squares of the residues were below 7 (Banzatto & Kronka, 2018). Tukey's means comparison test was applied at 5% significance level.

### **RESULTS AND DISCUSSION**

### Production of chicory seedlings and quality evaluation

The F test was significant for number of leaves, shoot dry mass, root dry mass, total dry mass, and seedling quality index (SQI). The ouricuri and commercial substrata presented the best responses in all variables (Table 2).

The highest accumulation of total dry matter (94%) observed in the commercial and ouricuri substrata (Table 2) is the result of an adequate nutritional balance and pH in the substratum (Table 1), which may have provided to the plant a better absorption and conversion in dry matter (Silva & Queiroz, 2014). The adequate supply of nutrients in the production of vegetables, from the seedling stage until harvest, allows the full development and expression of the maximum plant potential (Araújo *et al.*, 2012).

The substratum based on kapok stem, rice husk, and coconut fiber presented

SQI below those of the ouricuri and commercial substrata, probably due to the low nutrient availability, attributed to the high pH values (Table 1) above 6.0 and 7.0 recommended by Kämpf (2000). Although presenting a similar number of leaves to the ouricuri and commercial substrata, the kapok and rice husk substrata did not produce seedlings with high-quality indices (Table 2).

With a pH above 7.0, there is already a reduction in the availability of phosphorus (Sousa *et al.*, 2007), which is an important element in the development of the root system and formation of dry matter in the plants. When in a situation of phosphorus deficiency, there is a reduction in the growth of young plants (Taiz & Zeiger, 2013), such as observed in the coconut fiber, rice husk, and kapok-based substrata, which obtained pH values above the recommended.

High K concentrations in the medium may favor its absorption as well as reduce the absorption of Ca and Mg (Kano *et al.*, 2010; Araújo *et al.*, 2012; Zanfirov *et al.*, 2012). In the substrata with coconut fiber and rice husk (Table 1), there was a high potassium content, which may have inhibited the absorption of Ca and Mg, thus influencing so that

**Table 1.** Chemical and physical analysis of substrata consisting of organic residues. Campinas, Instituto Campineiro de Análise de Solo e Adubo, 2017.

<u> </u>	pН	Р	K	Ca	Mg	S	
Substrata	(mg L <sup>-1</sup> )						
Coconut f. <sup>1</sup>	7.4	4.1	274.0	33.9	19.4	108.0	
CRH <sup>2</sup>	7.5	6.6	194.0	38.9	25.3	119.0	
Ouricuri <sup>3</sup>	6.5	6.6	176.0	45.1	34.2	129.0	
Kapok <sup>4</sup>	8.1	2.5	148.0	78.6	26.8	92.2	
Commercial <sup>5</sup>	5.6	2.1	112.0	122.0	44.8	134.0	
	В	Fe	Ad <sup>6</sup>	WRC <sup>7</sup>	EC <sup>8</sup>		
	(mg L <sup>-1</sup> )		(kg m <sup>-3</sup> )	(%)	(Mili Scm <sup>-1</sup> )		
Coconut f. <sup>1</sup>	0.1	2.5	589.9	85.7	0.614		
CRH <sup>2</sup>	0.2	1.4	720.6	86.8	0.604		
Ouricuri <sup>3</sup>	0.3	2.0	779.3	84.4	0.457		
Kapok <sup>4</sup>	0.1	0.9	742.0	96.9	0.453		
Commercial <sup>5</sup>	0.1	0.4	269.0	249.4	0.639		

<sup>1</sup>Coconut fiber + blend (30% organic compost, 30% soil, 10% charcoal, 1.0 kg m<sup>-3</sup> dolomitic limestone, 1.0 kg m<sup>-3</sup> potassium sulphate and 1.5 kg m<sup>-3</sup> of natural thermophosphate); <sup>2</sup>CRH (carbonized rice husk) + blend; <sup>3</sup>Ouricuri + blend; <sup>4</sup>Kapok + blend; <sup>5</sup>Commercial substratum. <sup>6</sup>Ad = apparent density (dry basis); <sup>7</sup>WRC = water retention capacity; <sup>8</sup>EC = Electrical conductivity.

these treatments presented seedlings with lower SQI.

Alternative substrata, although originated from distinct materials, present similar physical characteristics (Table 1). The particle size and the arrangement influence the adequate water retention, good aeration, and low resistance to penetration by the roots (Zorzeto et al., 2014; Brito et al., 2017), assuring the physical quality in seedling production. Although the commercial substratum presented high water retention capacity, its density was lower, thus ensuring greater porosity, better drainage, and lower physical restriction to plant growth (Maggioni et al., 2014).

# Chicory production in a protected environment and under direct sunlight

The interaction was significant for the fresh and dry mass, yield, and commercial yield variables. For these variables, direct sunlight cultivation was superior when using seedlings produced with the ouricuri and kapok substrata. In the protected environment, there was no significant difference regarding the seedlings originated from distinct substrata (Table 3).

As observed in the seedling phase, the coconut fiber, kapok stem, and carbonized rice husk conditioners produced seedlings of lower quality (Table 2). Nevertheless, the seedlings produced with these substrata, when cultivated in a protected environment. presented no difference to the remainder for fresh and dry mass, yield, and commercial yield. This occurred since, besides the plant capacity in recovering during its development, the soil in an organic system and protected environment does not receive rainfall and, therefore, preserves its organic matter under more favorable weather conditions (Larcher, 2000; Oliveira et al., 2010; Silva et al., 2015).

The cultivation in a protected environment exerted greater influence in the increase of fresh mass and yield values due to the reduction by 48.5% in luminosity, verifying that chicory develops better in this environment, such as observed by Moniruzzaman *et al.* (2009), when cultivating chicory under a 50% shading and thus optimizing the yield.

According to Ferreira *et al.* (2009) and Hirata & Hirata (2015), the conditions of the protected environment increase the number of leaves, the

production of shoot fresh mass, and produce more hydrated and soft plants. In the cultivation of leaf vegetables, such as lettuce and watercress (*Rorippa nasturtium-aquaticum*), the yield increases by 55% and 59%, respectively, compared

**Table 2.** Number of leaves (NL), shoot dry mass (SDM), root dry mass (RDM), total dry mass (TDM), and seedling quality index (SQI) of chicory produced with organic residues. Rio Branco, UFAC, 2017.

Substrata	NL	SDM	RDM	TDM		
Substrata	INL		(g seedling <sup>-1</sup> )		SQI	
Commercial	5.53 a	0.052 a	0.044 a	0.096 a	0.029 a	
Ouricuri	5.38 ab	0.043 ab	0.032 ab	0.075 ab	0.020 ab	
Coconut fiber	4.85 b	0.029 bc	0.025 bc	0.054 bc	0.017 bc	
Kapok	5.25 ab	0.029 bc	0.016 c	0.045 bc	0.011 c	
CHR	5.00 ab	0.020 c	0.016 c	0.036 c	0.013 c	
CV (%)	3.20	23.81	11.82	11.09	10.18	

Means followed by same letters do not differ $(p>0.05)$ from each other by Tukey's test.	



**Figure 1.** Classification by length (cm) of chicory leaves, in classes 1, 2, and 3, produced in a protected environment and under direct sunlight (A), with seedlings originated from substrata based on organic residues (B). Means followed by same letters do not differ (p>0.05) from each other by Tukey's test. Rio Branco, UFAC, 2017.

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to direct sunlight cultivation, which was also observed for chicory production (Table 3).

Fresh mass and yield are important variables for leaf vegetables such as chicory, representing the part of commercial interest. In a protected environment, chicory yield was superior by 18.69% compared to direct sunlight cultivation. The yield, however, was below (p<0.05) the obtained by Gomes *et al.* (2013), also in a protected environment in the conditions of Belém-PA, with mean values of 1.49 kg m<sup>-2</sup>.

The cultivation in a protected environment presented 68.42 packs m<sup>-2</sup> mean commercial yield, whereas under direct sunlight it was 55.39 packs m<sup>-2</sup>, with emphasis on plants obtained from the ouricuri (77.77 packs m<sup>-2</sup>), commercial (62.18 packs m<sup>-2</sup>) and kapok substrata (61.96 packs m<sup>-2</sup>). These substrata also increased the yields of lettuce in a research performed by Simões *et al.* (2015).

The reduction in light intensity influences the morphological characteristics of the plant, which, by its adaptation capacity, uses the photoassimilates for the development of the leaf area with the increase in the photosynthetic capacity (Colombo et al., 2015). The increments in dry mass and yield, according to Guerra et al. (2017), result from the internal conditions of the protected environment (reduction of temperature and luminosity and increase in air relative humidity), creating a favorable microclimate to the photosynthetic activity by increasing the inflow of CO<sub>2</sub> and reducing plant transpiration through the greater time of stomatal opening.

The classification of chicory leaves presented an isolated effect for environments and substrata. The leaves from classes 2 and 3, with a greater proportion in the protected environment (Figure 1), are at the point of harvest due to presenting greater size. The plants cultivated under direct sunlight presented slower growth than those under protected cultivation, thus the greater proportion of small leaves.

In the protected environment the leaves reached commercial size (classes 2 and 3) precociously, and the difference

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Table 3. Total fresh (TFM) and dry mass (TDM), yield, and commercial yield of chicory produced in a protected environment and under
direct sunlight with seedlings originated from substrata based on organic residues. Rio Branco, UFAC, 2017.

Substrata -	TFM (g plant <sup>-1</sup> )		TDM (g plant <sup>-1</sup> )		Yield (kg m <sup>-2</sup> )		Commercial yield (pakcs m <sup>-2</sup> )	
	AP <sup>1</sup>	PS <sup>2</sup>	AP <sup>1</sup>	PS <sup>2</sup>	AP <sup>1</sup>	PS <sup>2</sup>	AP <sup>1</sup>	PS <sup>2</sup>
Commercial	19.63 Aa	16.75 Aab	3.20 Aa	2.75 Aab	0.87 Aa	0.75 Aab	67.08 Aa	57.28 Aab
Ouricuri	21.38 Aa	24.13 Aa	3.14 Aa	3.59 Aa	0.95 Aa	1.07 Aa	73.05 Aa	82.48 Aa
Coconut fiber	18.13 Aa	9.38 Bc	2.76 Aa	1.48 Bc	0.81 Aa	0.42 Bc	61.98 Aa	32.08 Bc
CRH	21.13 Aa	14.13 Bbc	2.98 Aa	2.53 Ab	0.94 Aa	0.63 Bbc	72.23 Aa	48.30 Bbc
Kapok	19.63 Aa	16.63 Aab	2.78 Aa	2.51 Ab	0.87 Aa	0.74 Aab	67.10 Aa	56.83 Aab
CV (%)	7.56		12.28		10.88		10.88	

<sup>1</sup>Protected environment. <sup>2</sup>Direct sunlight. Means followed by same uppercase letters in the row and lowercase in the column do not differ (p>0.05) from each other by Tukey's test.

of 28.9% of leaves in relation to direct sunlight cultivation. The microclimate created by the protection of the plastic favors the development and precocity of leafy vegetables, such as observed by Araújo *et al.* (2010) for lettuce, which anticipated harvest in eight days.

The beneficial effect of the protected environment on leaf size increase was also verified by Moniruzzaman *et al.* (2009), obtaining chicory leaves with an average length of 20.75 cm when cultivated with 50% light restriction.

The plants originated from the ouricuri and kapok substrata produced a greater proportion of class 3 leaves (Figure 1). The leaves of these plants reached more rapidly the desirable size for commercialization.

The commercial substratum, although presenting superiority in the production variables (Table 3), had most of its leaves belonging to classes 1 and 2, probably for presenting a greater number of leaves to the detriment of their size.

The commercial and ouricuri substrata produce leaves with the same quality index and biomass, and above those of the remaining substrata. The yield (0.89 kg m<sup>-2</sup>) and commercial yield (68.29 packs m<sup>-2</sup>) in the protected environment were not affected by seedling quality. In the direct sunlight cultivation, the yield is higher when using seedlings produced with the commercial (0.75 kg m<sup>-2</sup>), ouricuri  $(1.07 \text{ kg m}^{-2})$ , or kapok substrata (0.74)kg m<sup>-2</sup>), not differing from the protected environment. Therefore, any of these substrata and cultivation environments are recommended.

### ACKNOWLEDGMENTS

This work was performed with the support of the Coordination for the Improvement of Higher Education Personnel, Brazil (CAPES), Financing Code 001.

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